

# Introduction to Pranic Healing

With Patricia Dillon

Sunday, May 6

2:00 – 3:30 p.m.

\$18/\$20 at the door



## Healing Yoga

1397 E. Main St. (Route 724)  
Douglassville, PA 19518

Join us for a dynamic presentation and experience of energy:

- ❖ Physical exercise to facilitate sensing of energy.
- ❖ Meditation on Twin Hearts.
- ❖ Sensing and activating energy in the hands.
- ❖ Scanning energy.
- ❖ Sweeping, energizing, and stabilizing pranic energy.
- ❖ Discussion of chakras.
- ❖ Healing selves of stress and minor maladies.

**Pranic Healing**<sup>®</sup> is a highly evolved and tested system of energy medicine developed by GrandMaster Choa Kok Sui that utilizes prana to balance, harmonize and transform the body's energy processes.

**Patricia Dillon** has completed the Reiki master course, Pranic Healing I, and Advanced Pranic Healing II. She has used energy healing as a complementary practice in her work as a registered nurse in both acute care and rehab hospitals to alleviate pain and anxiety.

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